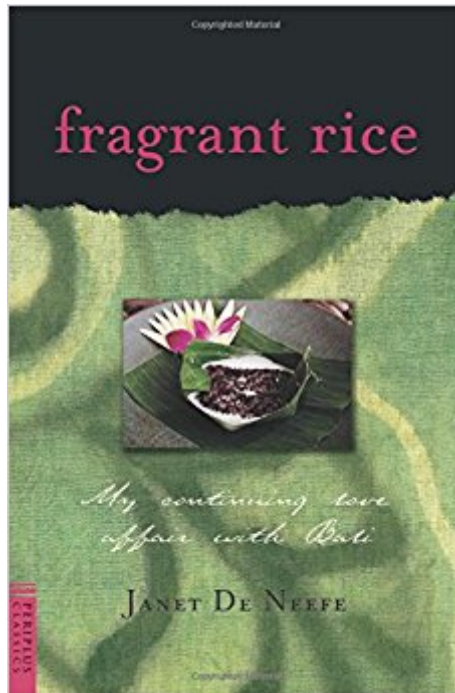


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Fragrant Rice: My Continuing Love Affair With Bali [Includes 115 Recipes]



Synopsis

Peppered with authentic Balinese recipes, this memoir is a love letter to the food and culture of Bali. When Janet De Neefe stepped off the plane in Bali in 1974, she felt an immediate connection to this island paradise. Though curious about Bali's culture, its warm people and its mouthwatering cuisine, she didn't expect to fall in love with a Balinese man and make a new life there. Now, years later, Janet and her husband have four children and run two of the most successful restaurants in Bali. In this delightful memoir, Janet shares entertaining stories of being 'gently shaped like warm rice for offerings' as she adapts to another culture and way of life. She offers insights into the ancient myths and rituals still alive in Bali today, and passes on delicious recipes handed down through generations of her husband's family. *Fragrant Rice* shows how the love, hope and warmth that makes this island such a special place is still very much alive today. Family recipes included are: Ayam Gerang Asem (Sour Chicken Stew) Bubur Injin (Black Rice Pudding) Ikan Mekuah (Fish Soup) Nasi Goreng (Fried Rice) Satay Manis (Beef Satay) Babi Kecap (Pork in Sweet Chilli Sauce) Gado-Gado (Vegetables in Peanut Sauce) Bregedel Tahu (Tofu Fritters) Kolak (Fruits in Coconut Milk)

Book Information

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Customer Reviews

Janet De Neefe earned a degree in Arts and Crafts at Burwood State College in Melbourne, before traveling to Bali where she met her husband. The owners of several restaurants and stores in Bali, De Neefe also runs classes on Balinese cooking, which are attended by visitors from all over the world.

If you want to learn more about Bali, this is a good book. The author has a very Western view of life, that mellows beautifully when she moves to Bali. Her stories of her change, of her family, and of her community are rich, warm and very interesting. I definitely plan to go to Bali after reading this book.

Sweet love story set in a beautiful country. Can't wait to try some of the recipes.

Loved this book. It truly gave insight to the history, culture, religion, traditions, geography, food, and made you love the people!!! I read it during my flight on my second journey to Bali. Highly recommend to anyone who wants to experience Bali with a non-tourist view.

Having lived and traveled in Indonesia, I really enjoyed this in-depth look at Bali. I initially purchased it for the recipes, but found the memoir/anthropological study to be just as intriguing. The story gives the recipes all the more intrigue.

I went to Janet's restaurant in Bali and loved this memoir and tried some of the recipes

Great recipes for authentic Balinese food

Great!

The author has mesmerised me and taken me back to vibrant memories of my stays in Bali. How clever, and those yummy Balinese recipes, what a delightful book this is.

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